



[Nottinghamshire County Council SEN Information](#)

You will be able to find full information here about all aspects of SEN and what support is available in Nottinghamshire for pupils and families.

[Healthy Family Teams](#)

Healthy Family Teams are part of the Healthy Families Programme. This brings together care provided by the Specialist Public Health Practitioners and their teams. These used to be known as Health Visitors and School Nurses. It also includes the Family Nurse Partnership Programme for young parents and the National Child Measurement Programme.

Each team of practitioners and support staff have responsibility for a certain area and work across the 0-19 years age. These are known as 'Healthy Family Teams'.

[A government guide to support parents of pupils with SEND](#)

Small Steps is a service providing early support and evidence-based interventions to families of children and young people displaying behaviours that cause concern or challenge. Support will be available where there is no formal diagnosis of ASD or ADHD, but where behaviours maybe indicative or characteristic of these conditions and also for families of children and young people diagnosed with ASD and/or ADHD.

[National Autistic Society and Autism Trust](#). This site provides support for families who have a child with ASD or ASD traits.

[Autism East Midlands](#) provide help and support to families and individuals affected by autism from across Nottinghamshire.

[Nottingham and Nottinghamshire Parent Partnership Service](#) supports parents and carers of children with special educational needs and disabilities living in two local authority areas – you can contact us if you live in Nottingham City or anywhere within the county of Nottinghamshire. You can also contact us if you are about to move into either of these areas.

[Rainbow Parents Carers Forum](#) is a support group and voice for parents & carers who have a child with a special educational need and/or disability (SEND). We are a parent led organisation whose mission is to "Support and Empower Families to be Heard and Achieve Better Outcomes".

[The IRIS Project](#) is a one-stop shop offering information, advice and support to parents and carers of children and young people with disabilities based in Nottingham.

[Family Action](#) transforms lives by providing practical, emotional and financial support to those who are experiencing poverty, disadvantage and social isolation across the country. Our innovative services reach out to those in need, we strengthen families and communities, build skills and resilience and improve the life chances of children and adults.

[The Family Grapevine](#) is an amazing directory-style magazine for parents and carers in East & South Notts and Nottingham, full of the sort of local information that every family needs from bump to teens!



<https://www.visit-nottinghamshire.co.uk/plan-a-visit/accessibility/autism-friendly-venues>

With a more thorough understanding of special needs on the rise, autism friendly events have begun to be implemented throughout the UK, allowing those on the autism spectrum, along with their carers and families, to enjoy and take part in regular events and attractions.

[Relax Kids](#) - One of the leading experts in child relaxation training, classes and resources. We offer quality products and services to help children become resilient and give them tools and techniques to manage their emotional, and mental, health.

[Self Help UK](#) is the leading specialist organisation in promoting, supporting and encouraging Self Help Groups, both locally in Nottinghamshire and nationwide.

Self Help groups enable people to take better control of their circumstances or conditions, gain strength and support from others, and improve their self-care.

[Sky Badgers](#) is a charity that finds help and adventure for disabled children and their families all over the UK.

[SOSSEN](#) offer a free, friendly, independent and confidential telephone helpline for parents and others looking for information and advice on Special Educational Needs and Disability (SEND).

[ADDISS](#) (The National Attention Deficit Disorder Information and Support Service) provide support and resources for parents who have a pupil with ADHD or ADD.

[Dylectic action](#) provide support, assessments and tuition through national learning centres.

[The Dyspraxia Foundation](#) is a country wide charity that supports to inform and help parents who have children with Dyspraxia.

[The National Deaf Children's Society](#) can support parents with information and advice, resources, a helpline, making connections with other deaf parents and children, attending local events etc.

[Super nanny](#) provides parenting advice on sleep, tantrums, using a naughty step, health eating, potty training, using reward charts etc.

[Aptcoo](#) - A charity helping to improve the lives of disabled children, young people and their families.

[Nottinghamshire website for Parent Partnership Service](#)

[Child & Adolescent Mental Health Services for Nottinghamshire.](#)

[Speech and Language Therapy services for children in Nottinghamshire.](#)

[Support for families with bereavement.](#)